**School Dinner Menu**

**Summer Term 2022**

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| --- | --- | --- |
| Week 1 | Week 2 | Week 3 |
| Separate Main Meal optionJacket Potato & Cheese | Separate Main Meal optionJacket Potato & Tuna | Separate Main Meal optionJacket Potato & Beans |
| Monday | Monday | Monday |
| **V** Creamy Cheese & Tomato Pasta BakeMixed Veg and BroccoliOrange Shortbread | Pasta BolognaiseGreen Beans & SweetcornGarlic BreadMarbled Sponge & Chocolate Sauce | Beef Burger in a BunChipped PotatoesGrated Carrot & SweetcornShortbread Cookie |
| Tuesday | Tuesday | Tuesday |
| Chicken WrapSummer Veg SticksFiesta RiceFruit Jelly and Ice-cream | **V** Margherita PizzaHomemade Potato WedgesPeas & SweetcornChocolate & Vanilla Cookie with Orange Slice | **V** Quorn Tikka Masala & RiceMedley of Summer VegetablesNaan BreadChocolate Banana Brownie |
| Wednesday | Wednesday | Wednesday |
| Savoury Minced Beef & Vegetable Pie with GravyCreamy Mashed PotatoMedley of Summer VegCheese & Crackers | Roast Pork Loin & GravyBaby New PotatoesCarrots & BroccoliHomemade 50/50 BreadRaspberry & Apple Doughnut Muffin | Roast Chicken & GravyCreamy Mashed PotatoCarrots & Summer CabbageSliced Wholemeal BreadCustard Cookie with Apple Wedge |
| Thursday | Thursday | Thursday |
| Sausage in a homemade bun with tomato ketchupDiced PotatoesMixed Summer SaladColeslawSummer Mousse | Chicken Korma & RicePeas & CauliflowerNaan BreadYogurt Pots | Homemade Pork Sausage RollBaked Baby PotatoesBaked BeansSunflower Seed BreadSummer Berry Sponge & Custard |
| Friday | Friday | Friday |
| Harry Ramsdens Battered FishChipped PotatoesBeans Fresh Summer Fruit Platter | Fish FingersChipped PotatoesMixed Summer Salad & Grated CarrotHerbie BreadIced Lemon & Sultana Finger | Crunchy Salmon Fish BitesHomemade Potato WedgesBroccoli & CarrotsTomato KetchupCrusty BreadSummer Drizzle Cake |

Very occasionally due to circumstances beyond our control, it may be necessary to change from the menu

**DISHES AND THEIR ALLERGEN CONTENT – Wolds & Vale Federation**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | DISHES (with allergens) | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
|  | The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens. | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| **Week 1** | **Mon** | Cheese & Tomato Pasta |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| Orange Shortbread |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  | 🗸 |  |
| **Tue** | Chicken Wrap |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Fruit Jelly and Ice-cream |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Wed** | Savoury Mince Beef & Vegetable Pie |  | 🗸 |  |  |  |  |  |  |  |  |  |  | 🗸 |  |
| Cheese & Crackers |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  | 🗸 |
| **Thur** | Sausage in a homemade bun with ketchup |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  | 🗸 | 🗸 |
| Summer Mousse |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | Battered Fish |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |  |  |
| Summer Fruit Platter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |
| **Week 2** | **Mon** | Pasta Bolognaise | 🗸 | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Marbled Sponge & Chocolate Sauce |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Tue** | Margherita Pizza |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| Chocolate & Vanilla Cookie with Orange Slice |  | 🗸 |  |  |  |  |  |  |  |  |  |  |  |  |
| **Wed** | Pork Loin & Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Raspberry & Apple Doughnut Muffin |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Thur** | Chicken Korma & Rice | 🗸 | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| Yogurt Pots |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | Fish Fingers |  | 🗸 |  |  | 🗸 |  |  |  | 🗸 |  |  |  |  |  |
| Iced Lemon & Sultana Finger |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Week 3** | **Mon** | Beef Burger in a Bun |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  | 🗸 | 🗸 |
| Shortbread Cookie |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
| **Tue** | Quorn Tikka Masala & Rice | 🗸 | 🗸 |  | 🗸 |  |  | 🗸 |  | 🗸 | 🗸 | 🗸 |  |  |  |
| Choc Banana Brownie |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
| **Wed** | Chicken in Gravy |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Custard Cookie & Apple |  | 🗸 |  |  |  |  | 🗸 |  |  |  |  |  | 🗸 |  |
| **Thur** | Homemade Sausage Roll |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  | 🗸 |
| Berry Sponge & Custard |  | 🗸 |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |
| **Fri** | Crunchy Salmon Bites |  | 🗸 |  |  | 🗸 |  |  |  |  |  |  |  |  |  |
| Summer Drizzle Cake |  | 🗸 |  | 🗸 |  |  |  |  |  |  |  |  |  |  |
|  |  | Jacket Potato & Cheese |  |  |  |  |  |  | 🗸 |  |  |  |  |  |  |  |
|  |  | Jacket Potato with Tuna |  |  |  | 🗸 | 🗸 |  |  |  |  |  |  |  |  |  |
|  |  | Jacket Potato with Beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |